

Feelings Bingo



Happy



Sad



Angry



Embarrassed



Scared



Tired



Confused



Bored



Jealous



Excited

FREE



Lonely



Disappointed



Frustrated



Nervous



Surprised

Feelings Bingo



Embarrassed



Curious



Silly



Loved

FREE



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 <p>Jealous</p>	 <p>Loved</p>	 <p>Confused</p>	 <p>Disappointed</p>
 <p>Sad</p>	 <p>Bored</p>	 <p>Happy</p>	 <p>Excited</p>
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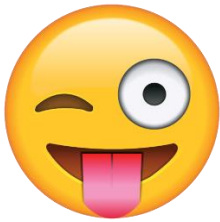


Tired



Proud

Feelings Bingo



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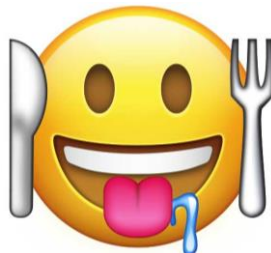
FREE



Surprised



Frustrated



Hungry

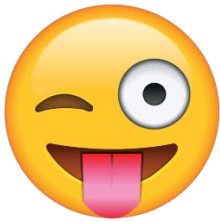


Confused



Excited

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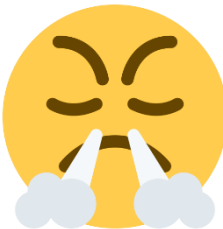
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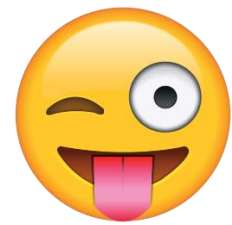
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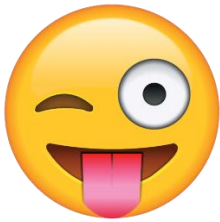


Frustrated



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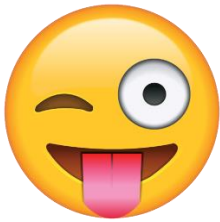


Worried



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Feelings Bingo (Pictures Only)

Word Bank

- Happy
- Sad
- Angry
- Excited
- Frustrated
- Loved
- Curious
- Embarrassed
- Scared
- Tired
- Lonely
- Nervous
- Silly
- Proud
- Confused
- Bored
- Jealous
- Disappointed
- Surprised
- Worried
- Hungry

Sample Clues

1. Josephine is so ___ (happy) to see her mom after school
2. Mia had so much fun at her friend's birthday party but now that it's over she's ____ (sad) that she has to go home
3. I'm having my favourite food today. I'm so __ (excited)
4. Sam got a big hug from his parents before bed and feels ___ (loved)
5. Lucas' parents are fighting again and he is feeling very ___ (scared)
6. Lisa did not sleep very well and is very ___ (tired)
7. Serena is at home by herself and feels so ___ (lonely)
8. Franklin has a big hockey tournament coming up and he's feeling very ____ (nervous)
9. I got an A on my test! I'm so ___ (proud)
10. Jessica needs to ask her teacher for help because she is so ___ (confused)
11. There's nothing to do, I'm so ___ (bored)
12. I only got one piece of candy, but my friend got two I'm so ___ (jealous)
13. My favourite team lost the hockey game, I'm so __ (disappointed)
14. Karen has a big test tomorrow and is very ___ (worried)
15. Amy's sister is bothering her and she's getting ___ (angry)
16. Eric has been working on the same math problem for an hour and is so ____ (frustrated)
17. Stephen asked his cousin a question because he was ____ (curious) to learn more about what she was talking about
18. Kim was running late for school and got dressed in a hurry without realizing that her clothes don't match. When the other kids at school start making fun of her she feels ____ (embarrassed)
19. It's almost lunch time and Simon feels ____ (hungry)
20. Jamie's friend Sally said she couldn't make it to his birthday party so when she arrives, he's so ____ (surprised)
21. Alex starts making funny faces at his friends because he is feeling very ____ (silly)

Feelings Bingo Pre-test (Pictures Version)

How many different feelings can you name?

Who do you talk to when you feel worried?

Feelings Bingo Post-test (Pictures Version)

Can you name more feelings now compared to before you played the game?

Is there anyone else you can talk to when you feel worried?